



Private Children's Nursery

Autumn Menu 2021

Week 1:

Main: Tuna jacket potatoes with grated cheese and cucumber sticks

 Pudding: Banana and Custard

Main: Macaroni cheese with cherry tomatoes and baby corn, cucumber and crusty bread (V)

 Pudding: Vanilla Yoghurt

Main: Fish cakes with homemade potato wedges with fine beans and broccoli

 Pudding: Peaches and single cream

Main: Chilli con carne, basmati rice topped with sour cream

 Pudding: Greek yoghurt and raspberries

Main: Roast gammon, new potatoes, cauliflower cheese with broccoli

 Pudding: Watermelon Slices

Week 2:

Main: Jacket potato with Mixed beans with cheese, cucumber and lettuce (V)

 Pudding: Fruit yoghurt

Main: Lamb moussaka with couscous and broccoli

 Pudding: Pears and Custard

Main: Mild chicken and chickpea curry with naan bread

 Pudding: Apple crumble

Main: Cheesy potato chorizo mushroom bake with peas and fine beans

 Pudding: Galia Melon smiles

Main: Vegetable lasagna with garlic bread (V)

 Pudding: Fruit yoghurt

Week 3:

Main: Creamy salmon pasta with fine beans

 Pudding: Fromage frais

Main: Homemade chicken goujons new potatoes, peas and carrots

 Pudding: Brioche bread and butter pudding with cranberries

Main: Spaghetti Bolognese

 Pudding: Watermelon Slices

Main: Sausage, leek, potato hash with halloumi chunks

 Pudding: Greek yoghurt with Strawberries

Main: Egg & Cress mayonnaise on Jacket potatoes with sweetcorn (V)

 Pudding: Honeydew melon chunks

Tea week 1:

Monday: Marmite or Cheese sandwiches with tomatoes and peppers

Tuesday: Sausage in a roll or cream cheese with celery and olives

Wednesday: Ham and cucumber with tomatoes and crispies

Thursday: Paddington's marmalade sandwiches and salami rolls

Friday: Ham sandwiches with organic crisps and apple slices

Tea week 2:

Monday: Honey or ham sandwiches with organic crisps and cucumber sticks

Tuesday: Soft cheese or marmite sandwiches with pepper sticks and tomatoes

Wednesday: Cheese wraps with banana slices and malt loaf

Thursday: Ham or Jam sandwiches with grated carrot

Friday: Tuna sweetcorn sandwiches and boiled eggs

Tea week 3:

Monday: Marmalade or Red Leicester cheese sandwiches with tomatoes

Tuesday: Salami sandwiches with cucumber and organic crispies

Wednesday: Cream cheese pittas, apple slices and banana circles

Thursday: Sausage in a roll and malt loaf

Friday Egg mayonnaise sandwiches with pepper sticks

Snacks

Morning- Toast and Fruit bowl

Afternoon- Cracker/breadstick and fruit bowl